

## LEARN

Want to become an elite athlete?

Year 5 & 6 Sign up to Volleyball Club - Spike Zone Dragons



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## DEVELOP

**Dragons Volleyball Club**

- High Schools Skills Program
- Opportunity to join Academy with Dragons

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## GROW

- EVP teams compete in annual comps
- Athlete development - nutrition, psychology and conditioning

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6

## HONOURS TEAMS

- Trial every year for Honours Teams
- Invitation to attend Australian Volleyball Schools Cup

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## TRIAL

**Year 6 Trials**



Trial for TGSHS Elite Volleyball Program

- Engage with Primary Schools Cup Competition

## TRIAL + JOIN

**Year 7 EVP (by trial)**

Learn about:

- Culture & Character
- Tactical components
- Technical components

**TGSHS Year Level Teams**

## EXTEND

- UQ Sport Club Level (by referral)
- Another level of extension
- Giving back to the game - refereeing and assisting at Primary Schools Cup



**2032 Olympics**